

get Connected - Healthy Relationships

Draw a 😊 or 😞 next to each sentence to show a good or bad relationship.
Count how many smiley faces to get your number!

I can be honest, open and real with this person and they always love and accept me.

My friends are kind and fun, we like playing similar things and we enjoy it when other people want to play with us as well.

Someone on the internet tells me really nice things. They say I'm funny, sweet, kind. They really make my day when I talk to them. They have asked me to send some photos and they want to meet up. I can't wait!

It's so fun to be around them, they make me laugh and always cheer me up and encourage me.

My friend laughs at me the whole time. It makes them feel happy so I guess it's a good thing.

When I am upset about something, this person always listens and helps me work out what to do.

All I have to do is carry a bag across the road and give it to someone and I will get £50. They said I can do little jobs like this and they will take care of me.

One of the adults at home makes me feel uncomfortable. What should I do?

