

1 How do you feel today?



happy



sad



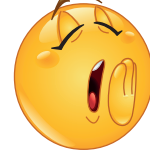
excited



surprised



loved



bored



cross



scared

Help me

2

How can you help?



Dry plants



cloth



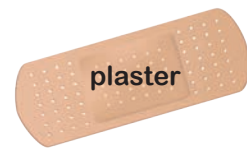
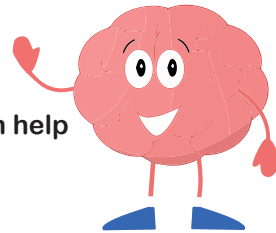
I have no one to play with



Bleeding knee



I can help



plaster



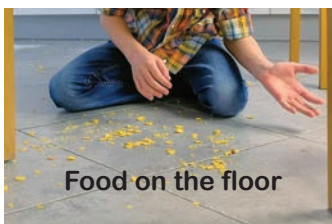
Dirty car



Spilt drink



Call 999



Food on the floor



Someone is badly hurt

Help corner



get Conected

1 A good friend is...

- ki_d
- lo_i_g
- ni_e
- f_n
- c_rin_

Supporting 5

2

We all care for you!

my headteacher

Who can help me?

Family

Doctors

Coaches

Youth Leaders

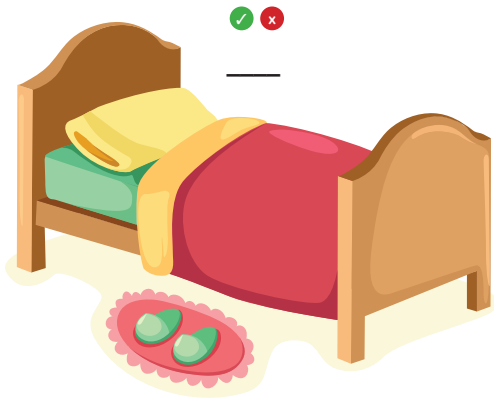
Teachers

get Active

A new type of exercise I'd like to try is ...

get Learning

Put a tick or cross to show which helps my brain work best.



get Mindful

I am grateful for...